

Small Loop: Start-A-B-C-D-J-Finish
Large Loop: Start-A-B-C-D-E-F-G-H-I-J-Finish
Extended Large Loop: Start-A-B-X-Y-C-D-E-F-G-H-I-J-Finish

Age Group	Route	Description	Approx Distance
U13	Start-A-B-C-D-E-F-G-H-I-J- Finish	1 x Large Loop (LL)	3100m
U15	Start-A-B-X-Y-C-D-E-F-G- H-I-J-Finish	1 x Extended Large Loop (ELL)	4000m
U17W	Start-A-B-C-D-J-S-A-B-X-Y- C-D-E-F-G-H-I-J-Finish	1 x SL / 1 x ELL	5600m
U20W	Start-A-B-X-Y-C-D-E-F-G- H-I-J-S-A-B-X-Y-C-D-E-I-J- Finish	1 x ELL followed by another ELL but turning right at point E	6200m
SW	Start-A-B-X-Y-C-D-E-F-G- H-I-J-S-A-B-X-Y-C-D-E-F-G- H-I-J-Finish	2 x ELL	8000m
U17M	Start-A-B-C-D-J-S-A-B-X-Y- C-D-E-F-G-H-I-J-Finish	1 x SL / 1 x ELL	5600m
U20M	Start-A-B-X-Y-C-D-E-F-G- H-I-J-S-A-B-X-Y-C-D-E-I-J- Finish	1 x ELL followed by another ELL but turning right at point E	6200m
SM	Start-A-B-X-Y-C-D-E-F-G- H-I-J-S-A-B-X-Y-C-D-E-F-G- H-I-J-Finish	2 x ELL	8000m